

7 May 2024



BCG Newsletter





Even by our normal standards this has been an extremely busy few weeks. The IB examinations have started and the students seem to be very much in the mood. I have been impressed by their attitude and seriousness in this important period.

Many of our Year 9 and 10 students are in Tarragona for their residential trip this week and the Year 12s have gone to the UK for some serious hiking in the amazing Welsh countryside. All trips, but especially residential trips require so much work I would like to thank all the staff involved for the excellent job they have done.

On Friday the Primary and Early Years classes had their Sports Day and what fantastic event it was too! We welcomed parents into the school to cheer their children on and we even had the ever-popular bouncy castle there to add to the fun! A cast of thousands were involved, including students helpers from the 6th Form, but a very special thank you to Ms Susie Campbell from our wonderful PE Department for her brilliant organisation of the 3 events.

Friday too saw a visit of 20 teachers from a small school in Iceland. They are in Barcelona for one week on a cultural tour but also visiting a number of schools to learn about our curricular and teaching methods. It was a delight to have them and they seemed to enjoy the visit very much - I think a highlight was when some Year 8 students showed them how to use the Virtual Reality glasses! At first they seemed reluctant but once they had tried them it was difficult to get them to stop!

Last week we had the annual visit from the Institut Guttmann. This is such an important event where the Year 11 and Year 12 students heard from Javier Quiles who was left in a wheelchair for life following a serious incident. Javier discussed his and other tragic incidents that have left him and others paralysed. He talked of car accidents, bike accidents as well as his own shooting accident. He challenged the students to think about the consequences of road accidents, in particular asking them to always have the courage to make decisions for themselves rather than following others. Always a privilege to have these visits and I would like to thank Javier and Institut Guttmann for coming each year.

Simon Mower
Principal

ICELAND TEACHERS VISIT





INSTITUT GUTTMANN



MORE ABOUT ST JORDI



EYFS St Jordi

We had such a fun time celebrating St Jordi last week. The languages team did an incredible job of planning some wonderful activities for the children to complete. The children enjoyed making their own bookmarks and flowers which was followed by puppet production of St Jordi. After the competition winner announcements and costume parade, we all celebrated with a hot chocolate party and dancing.

Laura Franckeiss
Reception Teacher







Y11 & 12 SCAVENGER HUNT

Building our community

Last Friday, students from Year 11 and Year 12 - next year's 6th form - took part in a team-building scavenger hunt in Barcelona's gothic area. In teams, they had to put together their varied language skills, their wits, and even a bit of their football prowess to race their way through a series of pit-stops and problems in the beautiful, historic city to our north.

On the whole, students took to the task admirably, cooperating across year groups (mostly outside of friendship and language groups at that) in order to work through the problems at hand. From decrypting coordinates and researching Greek history, to dancing Sardanas in front of the Barcelona Cathedral, students travelled through the rich architecture, art, history and culture that we are lucky enough to have right at our doorstep. On top of this, they had to bring all of the attributes that comprise the IB learner profile to bear, and it was wonderful to see our students thinking, collaborating, and taking responsibility in a completely new setting. "Selfies" were the order of the day, so the students will have a record of the experience for many years to come.

Ultimately, Gaya and Pedro from Year 12, accompanied by Ivan and Eric from Year 11, were victorious. Nevertheless, all teams were able to complete the hunt, and the day was full of mirth and merry from start to finish. We hope new friendships were made, that new knowledge was imparted, and that events like this allow students to relax a little, to get out of the pressures of the classroom and be engaged in a totally different manner. I hope your appetites are whetted for next year...

Matthew Prosser
Secondary Head of English

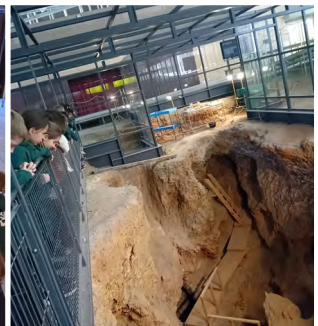
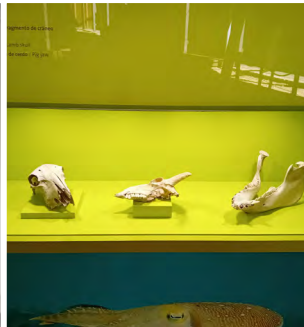


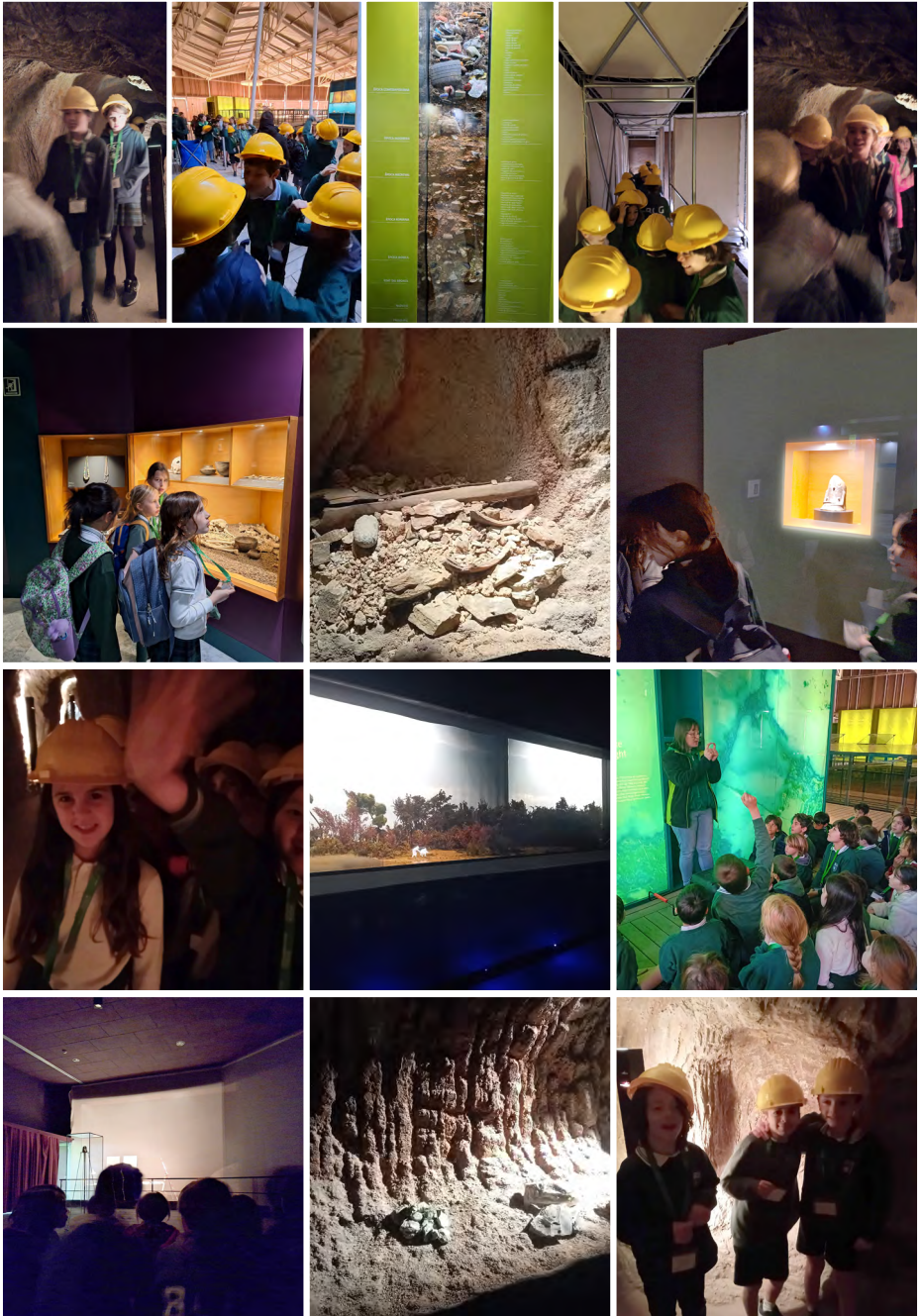
LANGUAGE DEPARTMENT

Visit to Gavà Mines - Year 4

Last Wednesday, the 24th of April, Year 4 students went to visit the Gavà Mines and the Gavà History Museum, as part of the educational project that we are carrying out about our town in the Sociales subject. In the mines, as well as revising what we had learnt about the Neolithic and Prehistory in general, we discovered very interesting aspects of those human beings who lived in Gavà: how they lived, what they ate, what traditions they had or what tools they used. To finish the trip, we had a lot of fun in the Lluch park, next to the Museum.

*Mr Sales and Ms Sadurní
Primary Spanish and Catalan teachers*





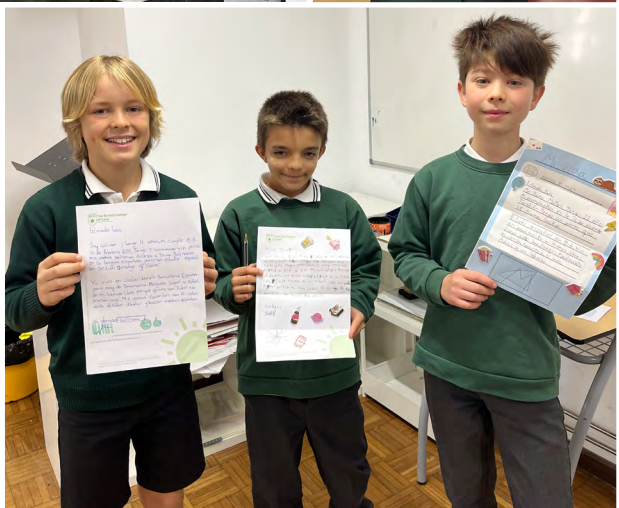
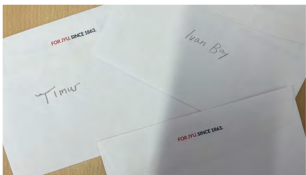
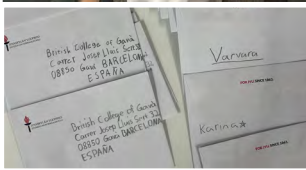
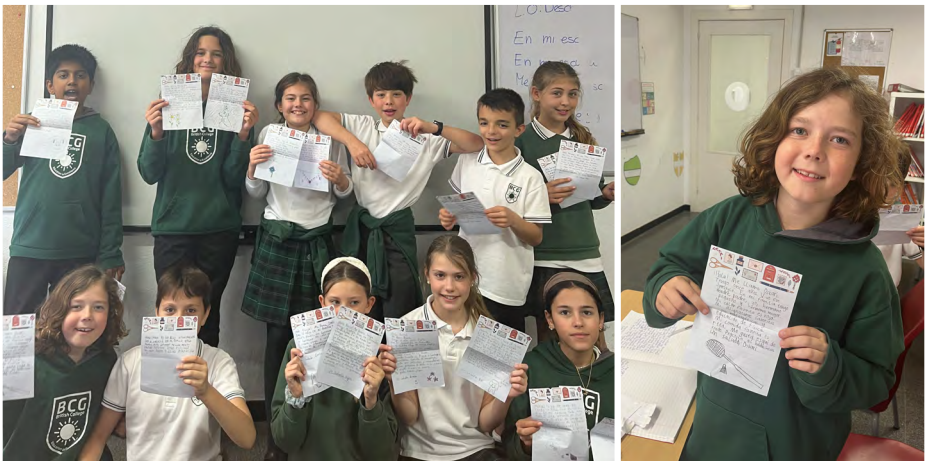


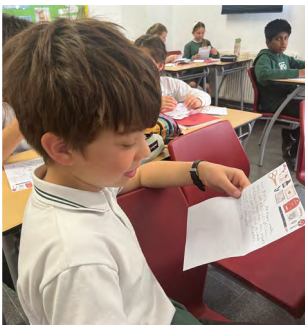
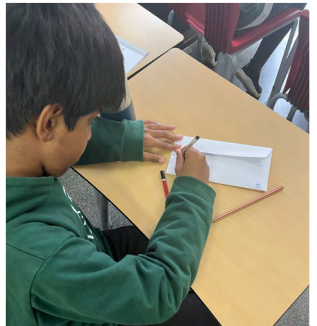
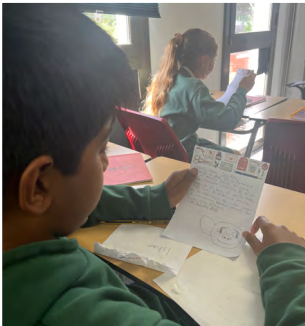
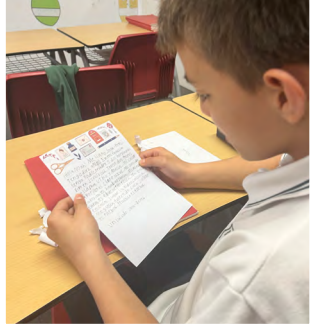
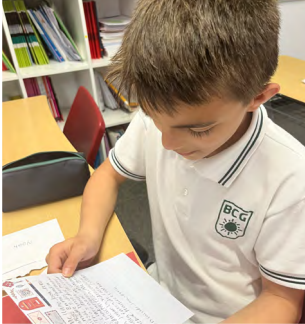
Letter Exchange with the Finnish school - Year 6

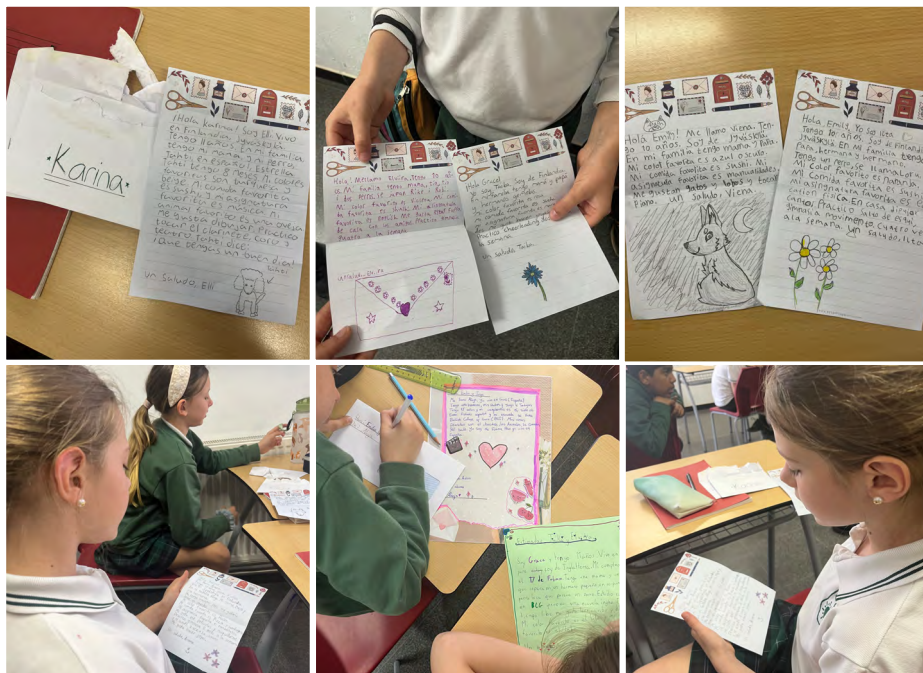
During the month of April the first part of the Year 6 language exchange project took place in the Spanish as a foreign language lessons. The students got to know the children from Finland through videos and were assigned a partner to whom they wrote a letter about their lives, likes and dislikes. After waiting and hearing many times: 'Have the letters from Finland arrived yet?', we received the letters from Jyväskylä normaalkoulu school last week. The pupils opened them with great excitement and enthusiasm to get to know their partners better and learn more about life in Finland. Here you can see pictures of the whole process.

Miss Mireia

Primary Spanish and Catalan teacher







Gavà Educational Plenary Session - Year 11

In the plenary session held on the 24th of April, as the final act of the Gavà Educational Audience, an initiative organised by the City Council, two pupils representing the BCG in Year 11 took part: Martina and Alina.

Alina and Martina joined the other 4th ESO students from all the schools in Gavà to talk about the anxiety that many young people suffer from, and to look for resources and tools so that the local government can help them.

*Gwen Fisher
Secondary Spanish and French teacher. Y11 form tutor*



Y7 COLOUR THEORY PROJECT

Y7 have been learning colour theory in Art. They have been developing their colour mixing skills and observational drawing techniques to create a still life painting. Using only primary colours, they have mixed acrylics, to create secondary and tertiary colours and produced their wonderful still life paintings.

Ali Dodds



SELF DEFENSE WORKSHOP

As part of their GCSE PE course, the year 10 students participated in a self-defence and judo session at the Okaeri sports club in Viladecans. The students enjoyed the session learning basic techniques and concepts like trust on the sparring partners and communication. This is also a renowned activity for building confidence and social skills. GREAT WORK Y10!!!

Hector Alonso
Physical Education Teacher



PROM KS3





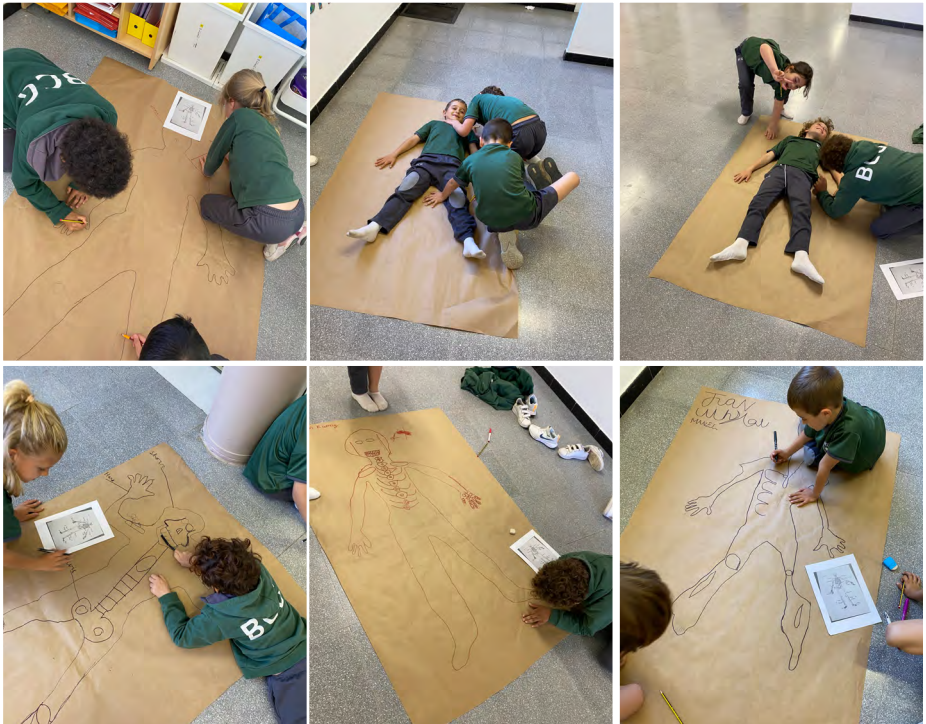




Y3 NEWS

It has been a fun few weeks in Year 3 with trips to the aquarium and a new teacher, Miss Kinross, joining the team. Miss Kinross has settled in well and it feels like she has always been a part of the fabulous NessFoot`s. Over the past couple of weeks, we have been working hard on our Science topic, `Animals including humans´ learning all about healthy eating, the bones in our bodies, and being amazed at how the body can move. Year 3 was shocked to hear that our body has over 200 different bones. They loved drawing around themselves and attempting to label some of the bones. Ramy, in Year 3A, managed to earn over 35 house points for researching at home the names of different bones and drawing a poster to show where they were. His effort reflected one of our 5 R`s - Ready to learn. This week, our Science and Design Technology lessons have combined as we have started to design and make a bionic hand. We are using cardboard for skin, elastic bands for muscles, straws for bones, and string for tendons. We are excited to see what the finished product will look like. Here are some photos of our science fun.

*Miss Stevens and Miss Kinross
Year 3 team*



EYFS & PRIMARY SPORTS DAY

Experience the thrill and excitement of our recent sports day! Click on the links below to immerse yourself in the action-packed memories from last Friday.

[EYFS SPORTS DAY](#)

[PRIMARY SPORTS DAY](#)









LUNCH MENU

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Menu prepared by the dietitian nutritionist Vanessa Rodriguez col. CAT002061</p> <p>2 *In the children's cycle the main course salad will be replaced by a seasonal vegetable puree.</p>	<p>1  festive</p>	<p>2 </p>	<p>3 </p>	<p>4 </p>
<p>6 Cal. 776 / H.C. 102 / Lip. 26 / P. 31 Cantonese rice Potato and onion omelette with lettuce and olives Fresh seasonal fruit Vegetables / Fresh cheese and grains / Dairy</p>	<p>7 Cal. 660 / H.C. 80 / Lip. 20 / P. 45 Rioja-style lentils Roast cod with garlic and paprika sauce with lettuce and cucumber Fresh seasonal fruit Potato / Poultry and salad/ Dairy</p>	<p>8 Cal. 738 / H.C. 97 / Lip. 25 / P. 39 Spaghetti with cheese sauce Veal stew with vegetables Fresh seasonal fruit Salad / Legumes and Grains / Dairy</p>	<p>9 Cal. 659 / H.C. 80 / Lip. 33 / P. 12 Potato stew Chicken cooked with peppers with lettuce and carrots Artisan natural yoghurt Salad / Prot.veg. and grains / Fruit</p>	<p>10 Cal. 734 / H.C. 94 / Lip. 28 / P. 31 Roasted noodles with aïoli Hake with green sauce Fresh seasonal fruit Salad / Egg and potato / Dairy</p>
<p>13 Cal. 536 / H.C. 89 / Lip. 17 / P. 13 Green beans and potato Turkey meatball stew with pilaf rice Fresh seasonal fruit Pasta / Egg and vegetables / Dairy</p>	<p>14 Cal. 681 / H.C. 93 / Lip. 21 / P. 34 Fusilli à la Norma Battered blue whiting with lettuce and carrots Fresh seasonal fruit Vegetables / Prot.veg. and Salad / Dairy</p>	<p>15 Cal. 632 / H.C. 81 / Lip. 22 / P. 32 Bean stew Courgette and onion omelette with lettuce and tomato Artisan natural yoghurt Grains / Poultry and Salad / Fruit</p>	<p>16 Cal. 558 / H.C. 72 / Lip. 20 / P. 27 Broth with ditalini pasta Chicken with herbs with chips Fresh seasonal fruit Vegetables / Prot.veg. and salad / Dairy</p>	<p>17 Cal. 951 / H.C. 94 / Lip. 55 / P. 25 Rice a la cubana Griddled pork sausages with lettuce and olives Artisan natural yoghurt Vegetables / Fish and potato / Fruit</p>
<p>20 Cal. 931 / H.C. 92 / Lip. 50 / P. 34 Macaroni gratin Baked mackerel Fresh seasonal fruit Grains / Egg and Salad / Dairy</p>	<p>21 Cal. 568 / H.C. 58 / Lip. 25 / P. 30 Broth with noodles Chicken with garlic with lettuce and sweetcorn Artisan natural yoghurt Vegetables / Fish and potato/ Fruit</p>	<p>22 Cal. 538 / H.C. 87 / Lip. 15 / P. 19 Chickpeas with vegetables Hake meatballs with tomato sauce Fresh seasonal fruit Grains / Veal and Salad / Dairy</p>	<p>23 Cal. 652 / H.C. 109 / Lip. 18 / P. 19 Vichyssoise Mixed paella Fresh seasonal fruit Potato / Poultry and vegetables / Dairy</p>	<p>24 Cal. 584 / H.C. 64 / Lip. 28 / P. 22 Potato salad Cheese omelette with lettuce and carrots Fresh seasonal fruit Vegetables / Legumes and grains / Dairy</p>
<p>27 Cal. 754 / H.C. 80 / Lip. 34 / P. 37 Chickpea salad Marinated pork loin with lettuce and tomato Fresh seasonal fruit Vegetables / Poultry and grains / Dairy</p>	<p>28 Cal. 543 / H.C. 66 / Lip. 23 / P. 21 Sautéed green beans Baked eggs with tomato sauce and ham Artisan natural yoghurt Salad / Fish and potato/ Fruit</p>	<p>29 Cal. 672 / H.C. 111 / Lip. 17 / P. 25 Pumpkin purée Veggie bolognese with spaghetti Fresh seasonal fruit Grains / Egg and Vegetables / Dairy</p>	<p>30 Cal. 732 / H.C. 93 / Lip. 25 / P. 32 Rice medley Baked hake with lettuce and apple pieces Fresh seasonal fruit Salad / Pork and potato / Dairy</p>	<p>31 Cal. 631 / H.C. 76 / Lip. 23 / P. 36 Lentils à la jardinière Chicken with teriyaki sauce with lettuce and bean sprouts Fresh seasonal fruit Salad / Fresh cheese and grain / Dairy</p>

GLIMPSE OF THE WEEK



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